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### PROGRAMME FOR MAY 2015

No Interlodges Meeting due to summer recess.

**Adyar** (Secretary: **S. A. Sanghram, Ph. 94442 42370**) 7.00-8.00 p.m.  
Headquarters Hall, TS, Adyar, Chennai 20; Email: adyarlodge@gmail.com  
Summer recess

**Adyar Ladies** (Secretary: **Saritha, Ph. 91763 82588**) 5.00 p.m.  
Youth Headquarters, TS, Adyar, Chennai 600 020  
Summer recess

**Anna Nagar** # Y-193, Anna Nagar, Chennai 600 040

**Besant** 5.00 p.m. every 3rd Sunday; Besant House, # 11/48, Pandian Street,  
Sankaran Avenue, Velachery; Theosophical Discussion and Group Study

**Dr Besant Centenary** (President: **Dr K. Ramalingam, Ph. 98406 20060**) 6 p.m.  
every 1st and 2nd Sunday; # 4, Circular Rd, U. I. Colony, Kodambakkam,  
Chennai Theosophical Discussion and Group Study conducted by  
Bro. T. Gopal and Dr K. Ramalingam

**Gandhi Nagar** (Secretary: **Arvind Ramanujam, Ph. 93445 16520**) 4.30 p.m.  
Headquarters Hall, TS, Adyar, Chennai 600 020  
Summer recess

**Kilpauk** (Secretary: **S. T. Muthukumar, Ph. 2643 0006**) 6.30 p.m.  
Alagappa Mat. School, Gangadareswarar Koil St., Purasawakkam

**2** ‘Life and Message of Bhadrachariy’ — Bro. J. R. Pughazhenth

**9** ‘Mega Living’ — Bro. CA. T. Selvaraj

**16** ‘How to Become a Lucky Man’ — Bro. A. R. Shanthilal Nahar

**23** ‘Healing with Hands’ — Bro. A. Venkataraman

**30** ‘Stress Management through Acupressure’ — Bro. Dr S. Ravichandran

**Mylapore** 4.00 p.m. every 1st and 3rd Saturdays; M. P. Anand Matriculation School,  
# 10, 1st Link Road, CIT Colony, Mylapore, Chennai 600 004

**Sriram** 6 p.m. every 3rd Sunday; # 13, Bhaskara St., Rangarajapuram, Kodambakkam,  
Discussion and Group Study by Bro. T. Gopal and Bro. Rajagopalan

**T. Nagar** (Secretary: **V. R. Chandramohan, Ph. 94440 79531**) 5.30 p.m.  
every 1st Sunday; Kamalalayam, # 19, Vaidyaram Street, T.Nagar,  
Chennai 600 017 (Tea at 5.00 p.m.)

**Vasanta Youth Lodge** (Secretary: **R. V. Yugesh, Ph. 99408 65718**) 11.15 a.m.  
Youth Headquarters, TS, Adyar, Chennai 600 020  
Summer recess

Note: This year the Full Moon of Wesak occurs on 4 May 2015.

### OTHER ACTIVITIES

**Bharath Samaj Puja:** Daily at 6.00 a.m.; **Buddhist Temple:** Daily Prayer at 6.30 a.m.

**Liberal Catholic Church:** Holy Eucharist on Sundays at 9.30 a.m.

Edited by Mr S. K. Srinivasan (Ph: 98410 06510), and Published by Mr S. Harihara Raghavan  
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## THE MADRAS THEOSOPHICAL FEDERATION BULLETIN

Vol. 62

MAY 2015

No. 5

Some Quotes from

**H. P. Blavatsky**

Founder of The Theosophical Society

August 12, 1831, Dnipropetrovsk, Ukraine–May 8, 1891, London, United Kingdom

Even in our day, science suspects beyond the Polar seas, at the very circle of the Arctic Pole, the existence of a sea which never freezes and a continent which is ever green.

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As no outward motion or change, when normal, in man's external body can take place unless provoked by an inward impulse, given through one of the three functions named, so with the external or manifested Universe.

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Even in our day, science suspects beyond the Polar seas, at the very circle of the Arctic Pole, the existence of a sea which never freezes and a continent which is ever green.

\*\*\*

We see that every external motion, act, gesture, whether voluntary or mechanical, organic or mental, is produced and preceded by internal feeling or emotion, will or volition, and thought or mind.

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The whole order of nature evinces a progressive march towards a higher life.

\*\*\*

The Universe is worked and guided from within outwards.

\*\*\*

No one else's opinion should be considered superior to the voice of one's own conscience. Let that conscience, therefore, develop to its highest degree, guide us in all the ordinary acts of life. As to the conduct of our inner life, let us concentrate our entire attention on the ideal we have set ourselves, and look beyond, without paying the slightest attention to the mud upon our feet. . . .

Those who are capable of making this effort are the true Theosophists; all others are but members, more or less indifferent, and very often useless.

\*\*\*

We see that every external motion, act, gesture, whether voluntary or mechanical, organic or mental, is produced and preceded by internal feeling or emotion, will or volition, and thought or mind.

\*\*\*

I speak 'with absolute certainty' only so far as my own personal belief is concerned. Those who have not the same warrant for their belief as I have would be very credulous and foolish to accept it on blind faith. Nor does the writer believe any more than her correspondent and his friends in any 'authority' let alone 'divine revelation'!

\*\*\*

To act wisely when the time for action comes, to wait patiently when it is time for repose, put man in accord with the tides. Ignorance of this law results in periods of unreasoning enthusiasm on the one hand, and depression on the other.

\*\*\*

Yet, the Universe is real enough to the conscious beings in it, which are as unreal as it is itself.

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## AT THE FEET OF THE MASTER

It must be remembered that the text is intended to prepare the student for Initiation. The student becomes aware of the Divine Plan (which we call as evolution of humanity into divinity) and Teacher-student relationship (which leads him on). The student is first taught the *rules* relating to ethical and moral behaviour, and then slowly made to understand that the rules are not man-made but derived from the *divine order* which guides every factor of the universe.

Love is the the supreme pinnacle in human conduct. Kinship, togetherness and oneness are the *notes* in the Divine Sense. Common sense is

considered to be a replica of this divine sense. One who is soaked in this sense cannot be lazy in helping others. Gossip begins with evil thought, which is by itself a crime. Cruelty not only disturbs the atmosphere but also stagnates in psychic hardheartedness. Superstition chrysalises (cocoons) the mental attitude.

One is reminded to constantly remember: 'He who is on the Path exists not for himself, but for others; he has forgotten himself, in order that he may serve them. He is as a pen in the hand of God, through which His thought may flow. . . .'

Good conduct is taught under six sections, commonly known as *Sama*, *Dama*, *Uparati*, *Mudita*, *Samâdhâna* and *Maha-Viśvâsa* (Self-control of the Mind, Self-control in Action, Tolerance, Cheerfulness, One-Pointedness and Confidence).

What leads to good conduct are the two wings of our being: Discrimination and Desirelessness. Humanity is divided into two classes: those who know and those who do not know.

Much stress is laid on confidence, which alone brings self-reliance. In turn, self-reliance builds confidence. It is said, 'You must trust your Master, you must trust yourself.' The words from the Golden Stairs could be brought to mind here: 'a willing obedience to the behests of Truth, once we have placed our confidence in, and believe that Teacher to be in possession of it;' Obedience is not based on blind-belief but upon the right understanding of the Divine Plan. What is to be known is the Evolution, the plan of progression and perfection. It is one of the reasons, stressed again and again, a preliminary knowledge of the Laws governing the Universe and the Human's *rightful place within* is absolutely necessary. Without this knowledge and wherewithal, all other studies would only be academic and ornamental.

— Notes from the Study Class conducted by  
Dr N. C. Ramanujachary on the text, *At the Feet of the Master*,  
at the Gandhi Nagar Lodge Meeting on 12 April 2015.

### WHITE LOTUS DAY

**will be celebrated on Thursday, 8 May 2015 at 8:15 a.m. in the Headquarters Hall.**

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