



# THE BOMBAY THEOSOPHICAL BULLETIN

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THE BOMBAY THEOSOPHICAL FEDERATION

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Jamshedi Navroze heralds the onset of Spring, the day of Spring Equinox, when day and night stands equal in length, space and time as the Sun shines directly over the Equator, entering the Zodiac Sign of 'Aries'. It's the time when Nature sheds all that is redundant and superfluous to enter into a new festive garb.

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**MISSION OF TS**

***To serve humanity by cultivating an ever deepening understanding and realization of the Ageless Wisdom, spiritual self-transformation and the unity of all life***

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**INDIAN SECTION SMART GOAL SETTING MEET 2023  
At Varanasi on 18th & 19th March 2023**

Indian Section President Shri Pradeep Gohil has invited President and Secretary of Federations to the Meet to deliberate on Challenging Goals and Membership of Federations and Indian Section. The last Meet was before the Pandemic. **The Meet will be attended by President Bro. Vinayak Pandya and Treasurer Bro. Taral Munshi** (as Secretary Sis. Mahazaver Dalal cannot travel).

**As per our BTF Pre-Pandemic Goals the achievements are in Five Areas:** (1) Bro. Taral Munshi with Tuesday TRIVENI Meet has started **E-Jyoti Lodge**, now with Meetings in 8 languages encompasses about 7 Federations (2) **Membership Drive** of President Bro. Vinayak Pandya has crossed the target with 33 New Members (3) Dani Inter-School and Mullan Inter-College Elocution Competitions with distribution of Theosophical Books have introduced **Students & Youth to Theosophical Values**. TRIVENI has given Virtual Platform to Youth as Speakers / Translators.

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**Acting Editor** – Sis. Mahazaver Rustom R. Dalal      **Cover Page by:** Sis. Kashmira Khambatta **Editorial Committee** –Sis.Mahazaver Dalal (Reporter & in charge of Mailing List), Sis. Kashmira Khambatta, Sis. Aban Patel and **Ex-Officio:** President Bro. Vinayak Pandya. **Note:** News, Notes and Programs to be printed in the Bulletin be forwarded by e-mail to [kashmira.khambatta@gmail.com](mailto:kashmira.khambatta@gmail.com) latest by 16th each month. Readers' Views are invited.

(4) President Bro. Vinayak has enthused prospective members to **Re-Activate Jamshed Mehta Lodge, Colaba** with Convener Bro. Noor Baig, and **Ghatkopar Lodge** with Convener Bro. Subhash Goswamy. (5) **Propagation through Books:** At Elocution Competitions Theosophical Books were given to Students & Judges, Dhammapada Volumes compiled by Shri H. K. Sharan were distributed to 30 College, University & Public Libraries and Adyar Lodge Booklet for New Members given with Diplomas.

**To attend Bhowali Study Camp in larger number is one more challenge of our Federation.** This year President Bro. Vinayak Pandya has arranged Joint Study Camp with Gujarat Theosophical Federation from **26th April to 2nd May 2023**. The Study of Gujarati Book '*Brahmavidya ni Kunchi*' (*The Key to Theosophy*) by HPB will be studied in Gujarati. Accommodation charges are from Rs.100/- to Rs.300/- per Night. Meal Charges per day are Rs.300/-. Please contact President Bro. Vinayak Pandya for more details.

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### **TS WORKERS' TRAINING CAMP 2023 AT ADYAR**

**Tuesday 11-04-2023 to Saturday 15-04-2023**

**Camp Directed by: Prof. C. A. Shinde & Shri U. S. Pandey**

The Federations in Indian Section are requested to send **Two Candidates - Members from the Federation's Jurisdiction**. The Camp will be conducted in English language. The Candidates must have basic Theosophical knowledge and of TS working. Candidates will be **reimbursed 2nd Class Sleeper Train charges from their Home place to back**. There will be **Free Boarding & Lodging from 10th to 16th April 2023** (i.e., a day before and a day after the Camp).

**The Books recommended for Study are:**

The Key to Theosophy by HPB

The Book of Theosophy by CWL

Principles of Theosophical Works by I. K. Taimini

The World around Us by Radha Burnier

As already informed on TS Whatsapp Groups the **Registration Forms are available with Secretary** Sis. Mahazaver Dalal (M):+91-9833131216

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## **ADYAR DAY CELEBRATION**

**Jointly by BTF & Blavatsky Lodge on 17th February 2023**



The Adyar Day Meeting had started with the Prayers of All Religion and the Universal Prayer in Besant Hall near a Table with photos of the Founders and Annie Besant prepared by Sis. Navaz Dhalla.

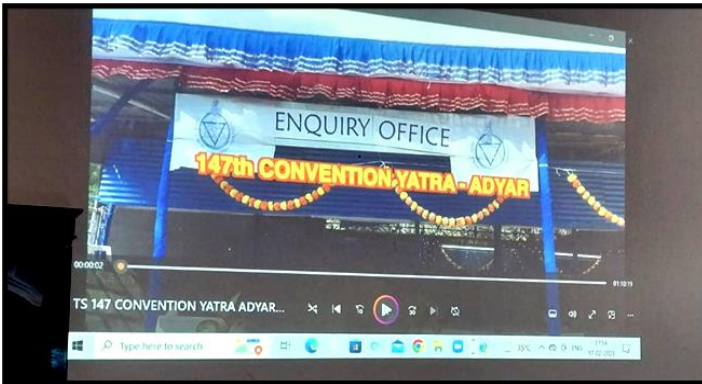
BTF President Bro. Vinayak Pandya welcomed all and spoke about the significance of the Adyar Day and “The Masters’ Home Adyar”. He added that *‘No Religion is higher than Truth and Truth is Pathless Land’*. ***Being in TS is a Journey of Self-Development.*** What we listen or read about Theosophy, we have to contemplate on it and to imbibe the Teachings for self-development.

**It was a unique occasion for BTF to present Diplomas to 33 New Members of 8 Lodges of BTF.** The Diplomas were presented by Bro. Vinayak Pandya, Sis. Kashmiri Khambatta, bro. Navin Kumar, Bro. Arni Narendran & Sis. Aban Patel. The presentation envelope along with the Diploma had International President Tim Boyd’s Welcome Letter for New Members and Adyar Lodge Booklet for New Members. Brethren right from Ghatkopar had come to receive Diplomas in person.



**Recipient of Diplomas with BTF & Blavatsky Lodge Office Bearers**

**Adyar Anthem – Adyar Song** written by Late Mugdhaben Mehta, Mother of Dr. Ajay Hora lead by Bro. Vinayak Pandya was sung by all. Bro. Taral Munshi sang his composition '**Pyara Adyar, Tera Mera Adyar**'.



**Brethren shifted to Green Room and there on wall was screened invitation to 'Enquiry Office of the 147th Convention Yatra Adyar'.** Bro. Taral Munshi with videos and Sis. Archana Munshi sharing her experiences made the Brethren feel that they were at Adyar for the Convention. Bro. Taral had covered the glimpses of Adyar Campus,

which were missed out in Virtual Convention. The presentation had ended with Foreign Youth enjoying singing Indian Songs at New Year Celebration.

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## **PATANJALI YOGA SUTRAS SUMMARY**

**By Bro. Arni Narendran**

Yoga is the inhibition of the modifications of Mind,  
i.e., to control the restlessness of the mind.

This is brought about by practice and non-attachment.  
Self-restraint, fixed observances, posture, regulation of breath,  
abstraction, concentration, contemplation, trance  
are the eight parts.

Yama	Vows of self-restraint comprise abstention from violence, falsehood, theft, incontinence and acquisitiveness
Niyama	Purity, contentment, austerity, self-study, and self-surrender constitute observances
Assana	Posture should be steady and comfortable
Pranayam	This having been accomplished Pranayam, which is cessation of Inspiration and Expiration follows
Pratyahara	Pratyahara is the Imitation by the senses of the mind by withdrawing from the their objects
Dharna	Concentration is confining the mind within a limited mental area (object of concentration)
Dhyana	Uninterrupted flow of the mind towards the object chosen for meditation is contemplation
Samadhi	The same contemplation when there is consciousness only of the object of meditation and not of itself (the mind) is Samadhi

By mastering It the Light of Higher Consciousness  
**Note: Apology for not being able to print Sanskrit Text**



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***BRO. NATHANIEL ALTMAN, Co-Founder  
of International Theosophical Youth Centre in Adyar***



*acknowledges BTF Bulletin with Bro. Arni Narendran's article 'Rainbow in the Sky'*

Dear Bro., Arni,  
Many thanks for sharing the latest issue of the Bombay Theosophical Bulletin with me. I especially enjoyed the article you wrote about the ITYC and was pleasantly surprised to see my photo. Thank you.

**BLAVATSKY LODGE NEWS**

**New Fridge**



***THANK YOU***

Well Wisher Member

For a Thoughtful Gift

Not only there will be Fridge facilities, but ice for First Aid will also be there. This need was realized in one emergency

***Blavatsky Lodge Building***  
Urgently required Repairs of Parapets on the side of the Lane have been completed. Windows and Doors of side wall are also painted. Blavatsky Lodge expresses sincere thanks to the Donors.



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**BTF & LODGE PROGRAMMES MARCH 2023**
**BLAVATSKY LODGE:** 7 – French Bridge, Mumbai 400007

[Tel:23685026](tel:23685026) (M):9821459504 (M):9819334333

DAY	TIME	DETAILS
Tuesday 7th, 14th, 21st, & 28th	6.00 pm	Study of ‘Theosophy Explained with Questions & Answers by P. Pavri’ conducted by Bro. Arni Narendran
Friday 3rd, 10th 17th, 24th & 31st	6.00 pm Hybrid	Study of ‘Inner Life _-Series II’ by C. W. Leadbeater conducted by Sis. Aban Patel
Sunday 26th	10.45am	Maitreya Round Table & Healing Group

**JYOTI LODGE:** c/o Bro. Taral Munshi, Goregaon, Mumbai 400065

DAY	TIME	DETAILS
Tuesday 7th, 14th, 21st & 28th	6.30 to 8.00 pm	TRIVENI Meet <b>Virtual on Zoom</b> with Three Languages, Three Speakers, Three Lodges / Federations on Theosophy / Spirituality Hosted by Bro. Taral & Sis. Archana Munshi

**VASANTA LODGE:** c/o Bro. Vinayak Pandya, Santa Cruz (E), Mumbai 400055

DAY	TIME	DETAILS
Wednesday 1st, 8th, 15th, 22nd & 29th	6.00 pm	GURUDEV GOSHTHI <b>virtual on Zoom</b> to study Gujarati books on Theosophy & Spirituality hosted by Bro. Bhavesh Pandya and Sis. Archana Munshi

**VIMADALAL BILIA / GANESH LODGES:** Family House, Dadar Parsi Colony, Mumbai 400014

DAY	TIME	DETAILS
Thursdays Fortnightly	6.00 pm	Theosophical & Religious Talks

**JAMSHED MEHTA LODGE:** C/o Bro. Noor Baig, 43 – Shangrila, colony entrance next to the Church, opp. Colaba Post Office, Colaba, Mumbai 400005

DAY	TIME	DETAILS
Third Saturdays	5.30 pm	Learning Theosophy from Life Experiences

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Price Rs.1/-

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